

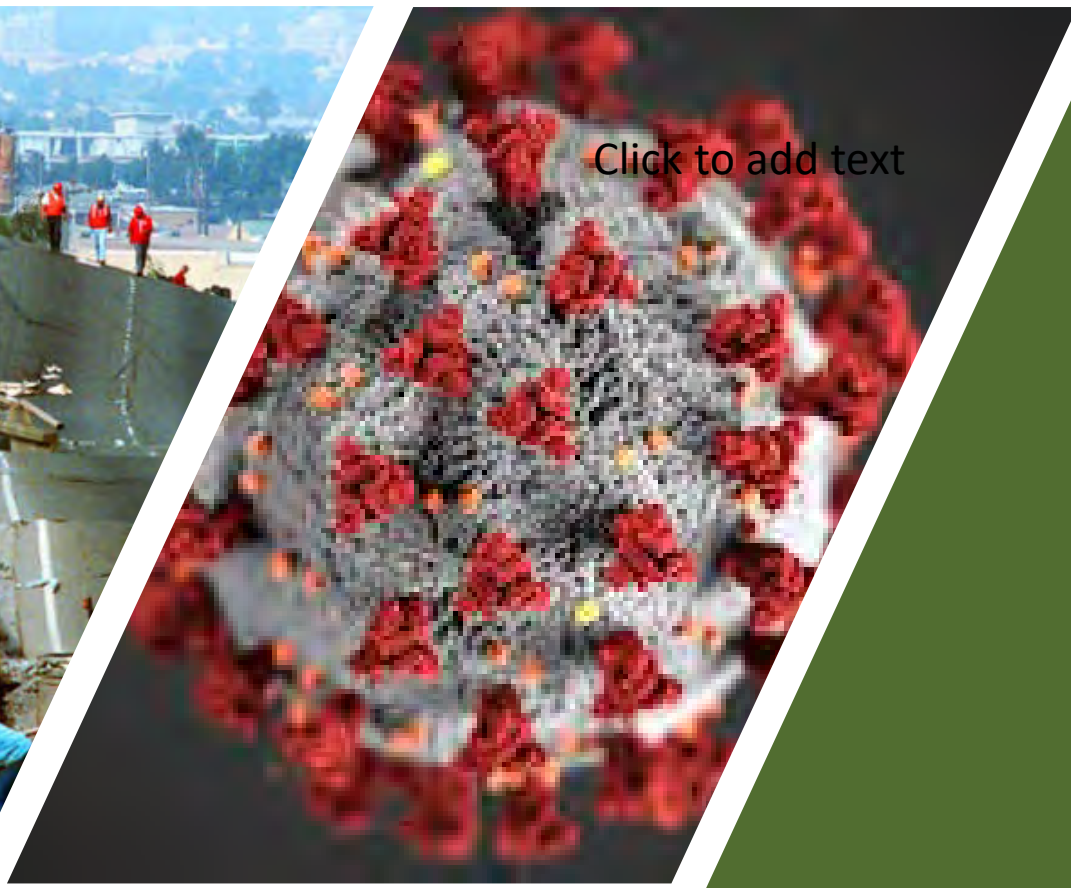
1 HOUR 2 GET READY

60 minutes to improve
personal and community
preparedness



Objectives

- Understand why individual preparedness is essential
- 60 minutes here + 60 minutes at home = more prepared.
 - Be informed and engaged
 - Have a plan
 - Have supplies



Hazards

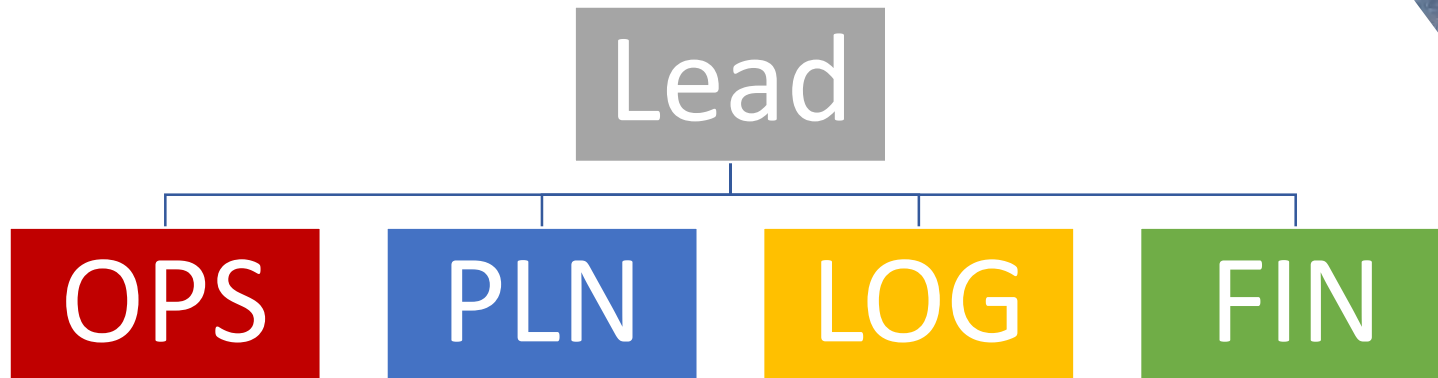
Emergency vs. Disaster

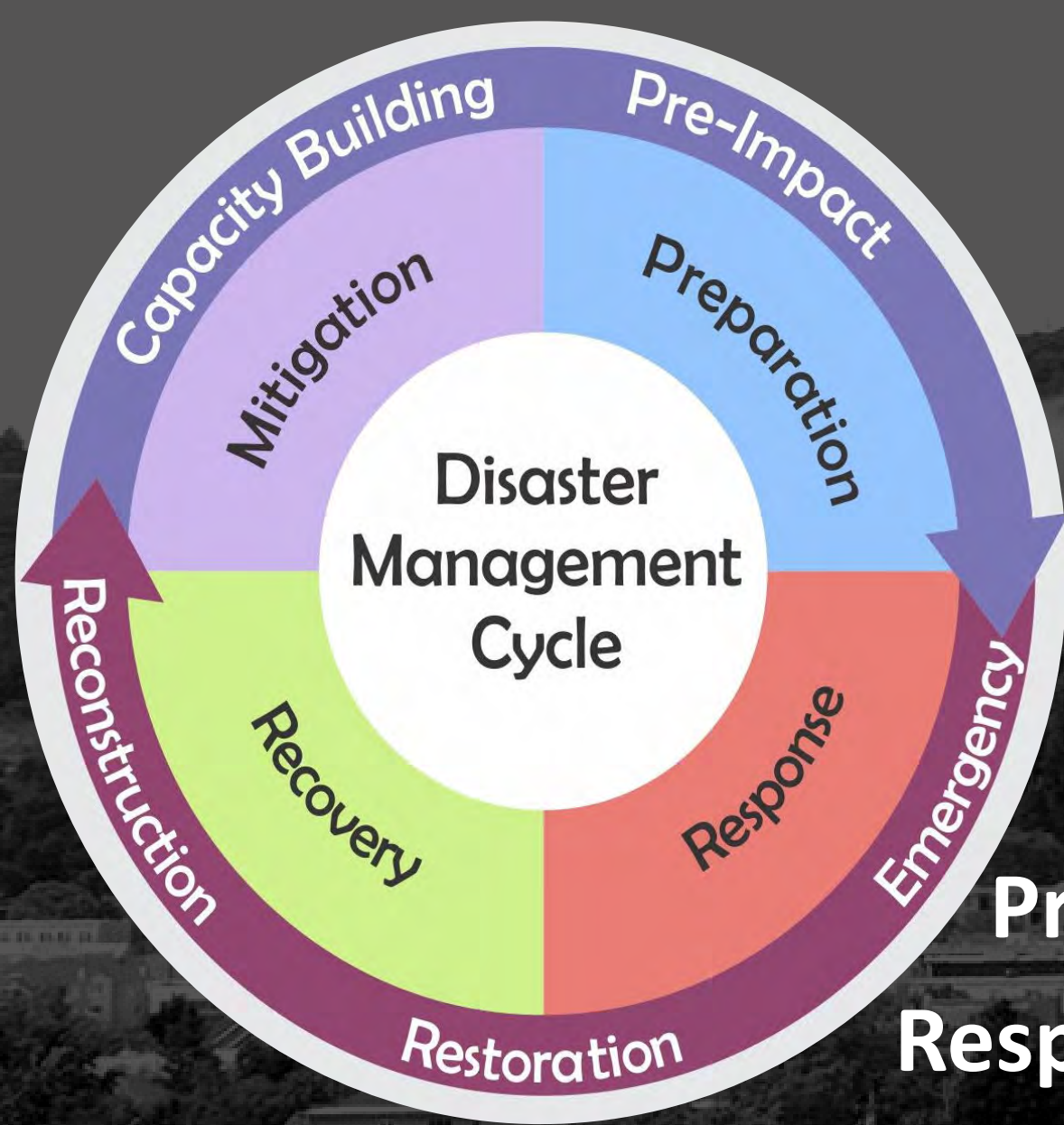
- Emergency Management works to supplement the day to day systems when large events overwhelm
- Limited first responders mean YOU must be ready and able to help neighbors
 - “...first responders will be overwhelmed. Most victims will be rescued by their neighbors”
 - Dr. Lucy Jones , *The Big Ones*



San Rafael Emergency Management

- Emergency Operations Center (EOC)
- Incident Command System (ICS)
- Collaboration with County and other jurisdictions
- Emergency Operations Plan (EOP)





Mitigation: Minimize impacts

Preparedness: Plan & practice

Response: Stay, Go, Help

Recovery: Find new community normal

3 steps to Preparedness

1. Be informed & engaged
2. Have & practice a plan
3. Gather & organize supplies



1. Be informed & engaged



Nixle: Text zip code to 888-777
(SRPD)

Alert Marin: alertmarin.org
(SRFD & Marin County)

PG&E Alerts: PGE.com/wildfiresafety

NOAA Weather Radios



•Alerts

The graphic features the Nixle logo at the top left. Below it is a green button that says 'Resident Sign Up' followed by the text 'any one of these ways'. A numbered list follows: 1. Text Zip Code to 888777, 2. Sign up at www.nixle.com, and 3. Download Nixle Mobile App. On the right side, there is a circular seal with a checkmark and the text '5 Star Rating', and an image of a hand holding a smartphone displaying the Nixle app interface.

nixle
Emergency Alert System

Resident Sign Up
any one of these ways

- 1 Text Zip Code to 888777
- 2 Sign up at www.nixle.com
- 3 Download Nixle Mobile App

Be Informed and Engaged

Sign up for all areas
you live, work, & play



Be Informed and Engaged

- Alerts
- **Rumors**

Share only verified info

911 is not an info hotline



Be Informed and Engaged

- Alerts
- Rumors
- Engage

CERT

FireWise

NRG

ReadyMarin.org

Engage **your** Neighbors

- Who will need help
- Who has resources
- Meeting places
- Buddy systems

*Remember Mental Health



2. Have & practice a plan



- Create
- Share
- Practice

DISASTER PLAN

1.

Sheltering in Place

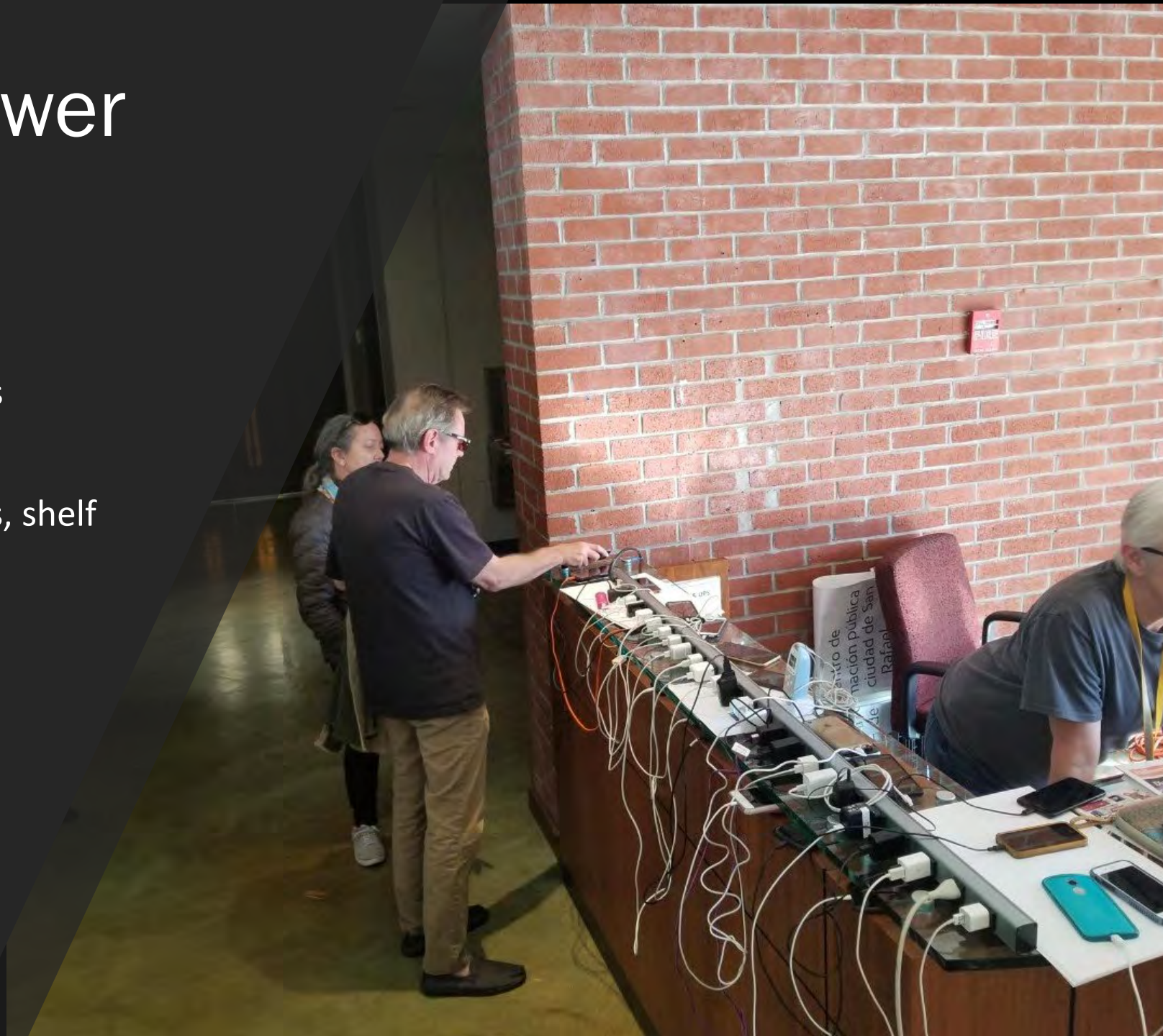
- Why Shelter in Place
 - Outside more dangerous than inside
 - Hazardous material spill
 - No/Minimal damage
 - No safe egress
 - Air Quality
 - Widespread Power Outage
 - Pandemic
 - Order issued
- Disaster Kit
- Stay informed

If you feel unsafe evacuate



Preparing to Power down

- Make Ice Blocks
- Charge devices and battery back ups
- Fuel/Charge vehicles
- Check food supplies- eat perishables, shelf staple, able to prepare
- Sign up for alerts
- Check-in with Neighbors
- Unplug to prevent surge damage
- Laundry
- Turn off Irrigation systems



Evacuating

- Why/When Evacuate
 - Fire
 - Tsunami threat
 - Structure unsafe
 - Predicted flooding
 - Order issued
- 2 ways out
- Leave early
- ID Meeting Place



A top-down view of a person's hands writing in a spiral-bound notebook on a rustic wooden desk. The person is wearing a light blue long-sleeved shirt. Their right hand holds a black pen, and their left hand rests on the notebook. A silver pen lies on the desk to the right. In the background, a white coffee cup on a saucer and a pair of glasses are partially visible. A semi-transparent white circle is overlaid on the left side of the image, containing the word 'Create' and a list of items.

Create

- Roles & Responsibilities
- Communication Plan
- Meeting locations

A background image showing a person with long blonde hair, wearing a blue shirt and a watch, sitting at a desk and writing in a spiral notebook with a black pen. A white mug is on the desk to the left. The scene is brightly lit, possibly by natural light from a window. A semi-transparent white circle is overlaid on the left side of the image, containing the text.

Share

- Local & Out of State
- Where items are
- Roles & Responsibilities
- Know School Plans

A background image showing a CPR training session. A person in a striped shirt is performing chest compressions on a medical training mannequin lying on a blue mat. Other people are visible in the background, some observing and some with their hands on the mannequin's head.

Practice

- Engage everyone
- Check timing and space
- Create a ready culture
- Review & update

Practice Earthquake Safety





3. Gather & organize supplies

- 
- Go Bag & Kits
 - Grab & Go List
 - Home Safety

Prepare what you'll need,
so you have time to find
what you want

vs

- Short-Term survival & comfort
- Easy to transport
- Multiple bags
 - Work
 - Home
 - Car



- Long-Term survival
- Bulky
- Stored at home



Go-Bags

- Water & snacks
- 1st aid kit & extra medications
- Cash
- Flashlight & batteries
- Battery powered or crank radio
- Dust mask (N-95) & gloves
- Phone chargers & powerbanks
- Toiletries and Sanitation
- Maps & Important documents
- Clothing & shoes



Disaster Kits



- Long term survival
- 3+ days of non perishable food & water
 - 1 Gallon/person/day
- Include PET supplies (food, water, medications, leash, ID, etc.)
- Child needs (diapers, toys, formula)
- Change of clothing & shoes
- Can opener & items to prepare food
- Sanitation

Kelley [REDACTED] I grabbed an entire container of zip ties... 🙈

"My GameCube."

Carole [REDACTED] Crazy, but after I got my 2 dogs and two cats in the car, the dogs brush, God forbid the dogs needed their grooming! Nuts huh?

Dave [REDACTED] An antique potato peeler. I have two new ones that aren't worth anything... They just don't make things like the used to.

Briana [REDACTED] My four year old took his T-ball trophy ❤️

Jury Duty notice paper work for next day

Brent [REDACTED] Daughters piggy bank. Like \$2.35 in it. Lol

Kristen [REDACTED] My husband packed all our wine and his beer. Lol.

"My dirty laundry!"

Kāran Angell My husband grabbed a Frisbee 😞

Jen [REDACTED] My camo painting pants and heels- you know in case I needed to paint a house and dash off to a dinner.

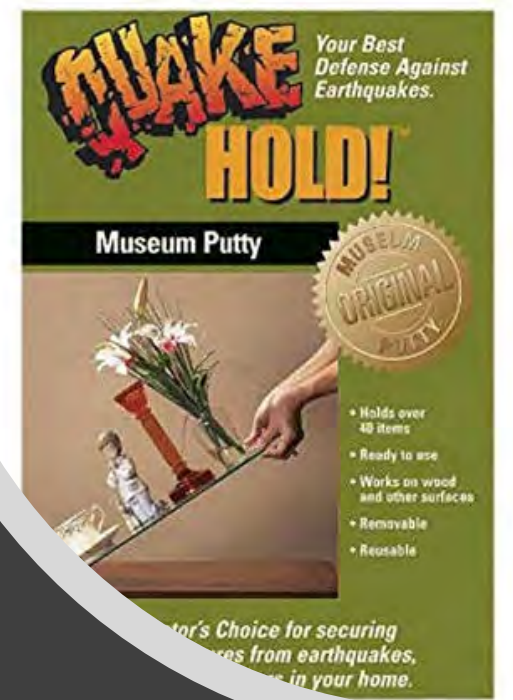
Ginger [REDACTED] The keys to my sons car that we left parked in front of our house!

Laura [REDACTED] All of our raincoats ???

Grab & Go List

- “Need” items should be in Go Bag & kit
- Establish list of “Want” items
- Organize by priority or location
- Practice loading into car
 - Does it all fit?
 - How long did it take?
- Hastens ability to evacuate



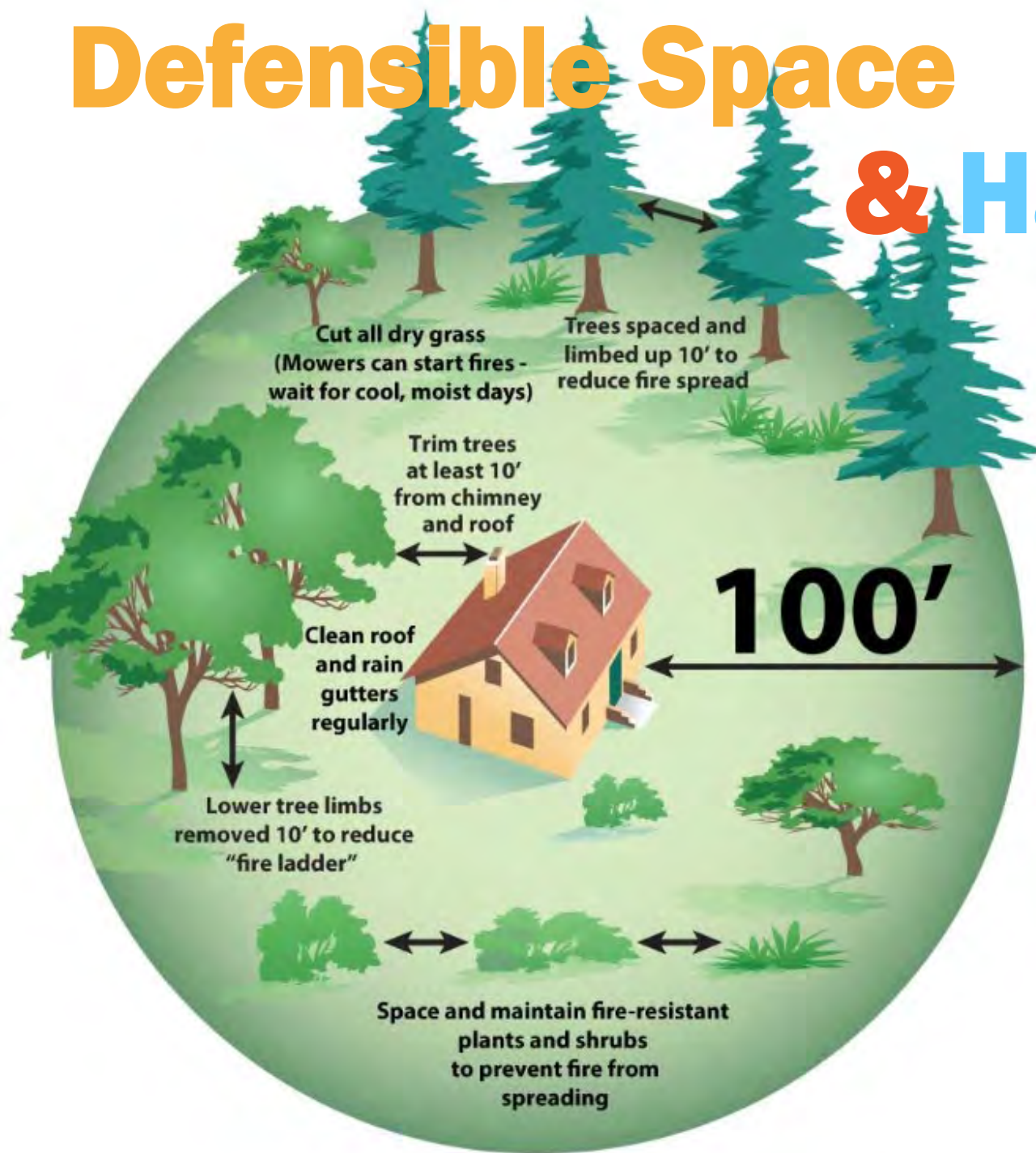


Home Safety



Defensible Space

& Hardening Your Home



Harden Your Home



FLYING EMBERS CAN DESTROY HOMES UP TO A MILE FROM A WILDFIRE.

HARDEN YOUR HOME BY USING FIRE RESISTANT BUILDING MATERIALS.



3 steps to Preparedness

1. Be informed & engaged
2. Have & practice a plan
3. Gather & organize supplies



Resources

- SROES.org
- ReadyMarin.org
- Ready.Gov
- Earthquakecountry.org
- Firesafemarin.org
- OES@cityofsanrafael.org



@SRFD

@SanRafaelOES



/sanrafaelfd



@sanrafaelfd



1 HOUR 2 GET READY

60 minutes to
better disaster preparedness



OES@cityofsanrafael.org

SROES.org

QUESTIONS

ANSWERS